

Bonnie J. Baldwin, M.D.
Consultants in Plastic Surgery P.A.
Aesthetic and Reconstructive Surgery
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Glycolic Peel

Pre-Peel Instructions

1. Please notify the office at your earliest convenience if you have a history of cold sores or have had previous laser treatment to your face.
2. You may wear make-up to your appointment however, it will be removed as part of the cleansing process.
3. Peels are not recommended for patients who smoke. Please inform the office if you are a smoker prior to your appointment.

Post-Peel Information

1. You may experience redness, stinging or crusting after your procedure. These side effects usually resolve within 48 hours. Please call the office if you have residual redness, stinging or crusting that lasts beyond this point.
2. Apply moisturizer to your skin to maintain hydration after the treatment.
3. Your next peel may be scheduled no sooner than 2 weeks from your treatment. The most important thing you can do in the interim to maintain your result is use a good skin care regimen at home.
4. Use sunscreen daily to prevent any sun damage and keep your skin protected from both UVA and UVB rays.
5. Remember the most dehydrated area of the face is typically around the eyes. Use an eye cream that moisturizes as well as reduces puffiness and dark circles.

We want your aesthetic surgery experience to be a positive one. Should you have further questions, please contact our office during office hours, Monday through Thursday 8:30 A.M. until 4:30 P.M. and Friday 8:30 A.M. until 1:00 P.M. After hours calls will be answered by our service and will be returned by Dr. Baldwin or her associate.