

Bonnie J. Baldwin, M.D.
Aesthetic and Reconstructive Surgery
Office (713) 791-1975
Fax (713) 796-2583

BROWLIFT POST-OPERATIVE INSTRUCTIONS

1. Sleep with your head elevated about 45-degrees to prevent swelling. Lying flat will cause swelling and pressure on incisions.
2. **Avoid** bending over, stooping, lifting, pushing or pulling for 10 to 14 days.
3. You will have sutures and/or staples in place. These are normally removed within 7 to 10 days.
4. **Avoid applying** hot or cold compresses to the incision, as you may have decreased sensitivity to temperature.
5. Take your medication as prescribed by Dr. Baldwin.
6. Swelling or bruising may occur, and will last for 7 to 10 days. This is normal and will subside with time.
7. You may drive after 7 days as long as your vision permits and you **are not** taking any pain medication.
8. **Avoid** exercise for 4 to 6 weeks after surgery as it may cause additional swelling.
9. You will be required to follow-up in the office after surgery to monitor your progress and to ensure the best possible results.
10. Please report immediately an elevation in temperature, sudden swelling or discoloration, excessive bleeding or discharge from the incisions or signs of infection.
11. We want your aesthetic surgery experience to be a positive one. Should you have further questions, please contact the office during office hours, Monday through Thursday 8:30 A.M. until 4:30 P.M. and Friday 8:30 A.M. until 1:00 P.M. After office hours the answering service will direct your call to Dr. Baldwin or her associate.